



# 5K Fun Run or Walk

**Sunday May 29, 2011**

**Start: 10:00am**

**Lakers Club House Ok Landing**

(7000 Cummins Rd)

*5K Loop: Lakeshore / Ok Landing  
/ Tronson Rd / Lakeshore*



Register at the Vernon Recreation Centre or online  
[www.greatervernonrecreation.ca](http://www.greatervernonrecreation.ca)

**\$15/runner or \$40/family. Code # 24665**

All proceeds go to Greater Vernon KidSport

Information call: 250-545-6035



Greater Vernon  
Recreation



Vernon Triple A Track Club



sutton group - lakefront realty

mind, body, & sole  
running 



# KidSport 5K May 29th

Name \_\_\_\_\_ Birth Date : M: \_\_\_\_\_ D: \_\_\_\_\_ Y: \_\_\_\_\_

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Name \_\_\_\_\_ Birth Date : M: \_\_\_\_\_ D: \_\_\_\_\_ Y: \_\_\_\_\_

Parent(s) Name: : \_\_\_\_\_ Signature: \_\_\_\_\_

Mailing Address \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Tel # (H) \_\_\_\_\_ (W) \_\_\_\_\_ (cell) \_\_\_\_\_

**\$15/runner or \$40/family. Code # 24665**



I (or for person under 18 Parent\Guardian) agree that except to the extent that the injury, loss of life, or damage is caused by negligence of Regional District of North Okanagan or other persons for whose negligence the RDNO is responsible in law. I hereby irrevocably covenants, promises and agrees to indemnify RDNO its agents, contractors, employees, servants, licensees or invitees, and to hold it harmless from and against any and all losses, claims, expenses, suits, costs, demands, damages or liabilities, joint or several, of whatever kind or nature including without limitation in each case attorney's fees, costs and expenses actually incurred in defending against or enforcing any such losses, claims, expenses, suits, damages or liabilities, including which RDNO may sustain or to which it may become subject arising out of or relating in any way to the use of the premises or participation in any program. I have read, understood and agree to the terms of this contract.

\_\_\_\_\_  
 Print Name Signature Date

METHOD OF PAYMENT: Cheques Visa Mastercard

VISA/MASTERCARD#: \_\_\_\_\_ Expiry Date: (Month) \_\_\_\_\_ (Year) \_\_\_\_\_

Signature: \_\_\_\_\_ Amount :\$ \_\_\_\_\_